IPCU: PPE Update

Doffing mask and eye protection: outside patient room

Please see below instructions on how to safely doff your Personal Protective Equipment (PPE) when exiting the room of a patient under Enhanced Respiratory Precautions (ERP). Gowns and gloves are to be doffed while in the room, utilising the patient's room bin. Your mask and eye protection will need to be doffed once outside the room, after closing the patient's door. Always adhere to the principles of the 5 moments of hand hygiene when removing PPE.

Instructions

Inside the patient's room:

- 1. Remove gloves
- 2. Perform hand hygiene
- 3. Remove gown (don't tear)
- 4. Perform hand hygiene
- 5. Exit the patient's room

Outside the patient's room

- 6. Perform hand hygiene
- 7. Remove eyewear
 - a. Reprocess eyewear with combined detergent-disinfectant wipe (Clinell) or alcohol wipe (ISO Wipe)
- 8. Perform hand hygiene
- 9. Remove P2/N95 mask
- 10. Perform hand hygiene
- 11. Reapply new mask
- 12. Perform hand hygiene



Note: The OUTSIDE clinical waste bin is for mask and eye protection only.

NOTE: CALHN has a variety of options for clinical bins outside a patient's room. Please see below:



For more information Infection Prevention & Control Unit

T: (RAH) 42801 / (QEH) 27588

E: DLHealthCALHNInfectionPreventionControlUnitIPCU@sa.gov.au

To order bins: Contact facility management and request additional bins



Health Central Adelaide Local Health Network



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ERP Doffing Video